

DOUG KELLEY



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Palm Beach Habilitation Center, Inc.

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Reminder: T.J.'s Café is closed on the 2nd payday Friday of the month. Bagged lunch orders must be made in advance. Be sure to stop by and see all the different breakfast choices available daily. Coffee and snack items are available throughout regular operating hours.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chicken Cacciatore w/ spaghetti & side salad Taco Wrap w/side salad
4 Chicken Sandwich w/macaroni salad B.L.T. Sandwich w/chips	5 Pizza Pasta Bake w/ side salad Ham & Scalloped Potatoes & broccoli	6 Beef Stroganoff w/ veggies & roll Egg Salad Platter or Sandwich & chips	7 Corn Dog w/fries & coleslaw Veggie Wrap w/ coleslaw	8 Baked Ziti w/cup of salad & roll Fish Sandwich w/ coleslaw & chips
11 Chicken Sandwich w/macaroni salad Grilled Cheese & Tomato Sandwich w/chips	12 Pizza Pasta Bake w/ side salad Italian Hoagie w/ pasta salad	13 Beef Stroganoff w/ veggies & roll Spaghetti & Meatballs w/veggies & roll	14 Corn Dog w/fries & coleslaw Pepperoni Panni w/ cup of salad	15 Baked Ziti w/cup of salad & roll Fish Sandwich w/ coleslaw & chips
18 Chicken Sandwich w/macaroni salad Turkey & Bacon Wrap w/macaroni salad	19 Pizza Pasta Bake w/ side salad Tuna Salad Platter or Sandwich w/ chips	20 Beef Stroganoff w/ veggies & roll Baked Chicken w/ veggies & roll	21 Corn Dog w/fries & coleslaw Sloppy Joe w/fries	22 Baked Ziti w/cup of salad & roll Fish Sandwich w/ coleslaw & chips
25 Chicken Sandwich w/macaroni salad Salami & Cheese Sandwich w/lettuce & tomato & pasta salad	26 Pizza Pasta Bake w/ side salad Hot Dog w/baked beans & fries	27 Beef Stroganoff w/ veggies & roll Meatloaf w/veggies & mashed potatoes	28 Corn Dog w/fries & coleslaw Grilled Ham & Swiss w/fries	

HAPPY BIRTHDAY!

2/1

OLIVIA HOFFPAUER

LIVITA REMEUS

2/2

CHRISTOPHER SWEETWOOD

2/6

BRENTON ANTHONY

2/7

BUTCH LODDE

DAVID BASILEO

2/8

COLLEEN PALMER

2/12

VICTOR SWANIGAN

2/14

LARRY SWAIN

DALE WALLEN

2/17

DEMETRIUS MYERS

2/18

ROBERT SURANYI

DONALD GOODWIN

2/20

LOUIS BAKER III

2/22

MARY AUMENTE

2/23

NEFTA JEANTINOBLE

XAVIER HARVEY

2/24

SUSAN TAYLOR

2/28

ALEJANDRO BULDING

KRISTEN KOVACH

ROBERT BOYES

SHAWN EATON

Hablife



ENSURE OUR FUTURE AND LEAVE A LEGACY FOR FUTURE GENERATIONS. REMEMBER THE PALM BEACH HABILITATION CENTER IN YOUR ESTATE PLANNING.

A PUBLICATION OF THE PALM BEACH HABILITATION CENTER, INC

FEBRUARY, 2019

February is Black History Month!

This month, we will be learning about the amazing accomplishments and innovations of African Americans. Activity Planner Archely has put together an exciting schedule of activities and lessons to share important stories about Black History. PACE clients got a head start this month, learning about Martin Luther King, Jr. and other important figures. Sherry M. remembers MLK Jr.'s speech, and Cristi M. shared that he "had a dream that his four children could play with white kids and segregation would end." Christina L. said that he was "revolutionary."

Sports fans enjoyed a lesson and discussion about Jackie Robinson. Archely brought Robinson's story to the group, "because he was the first African-American to break the race barrier in Major League Baseball. Even though he was picked on, he didn't use violence."

We are excited to keep learning and being inspired by these important stories throughout February!

The group also had the chance to learn about the NASA scientists featured in the film "Hidden Figures." Dany W. told us, "She added all the calculations for the spaceship, to tell it how to get there."



The Palm Beach Habilitation Center will be having our Annual Valentine's Day party!

Where: The basketball court
When: Thursday, February 14th
Time: 1:00pm
Events: Enjoy dancing, goodie bags and trying to guess how many kisses are in the jar!

We are encouraging everyone to wear RED!



Donnie G.

Movies with Donnie

This month, Donnie G. brings us his thoughts on the drama "Serenity." Donnie shared that you might like this movie if you enjoyed "Jaws" - because most of the film takes place on a boat, and (spoiler alert!) a SHARK bites a man's hand. Donnie recommends this movie to his friends.

The acting was good, Donnie told us, and he especially enjoyed the performance of the actor playing the young son. If you see the movie, be prepared for an ending that isn't happy or sad. Thanks for keeping your finger on the entertainment pulse, Donnie G.!

Glo Worms Bowling: 12-2:30pm Greenacres Lanes on Lake Worth Rd. Contact Vivian:

kraftyrican@gmail.com 786.942.1165

\$3=2 games, shoes and ball rental (medical forms are required prior to bowling)

Heavenly Angels Bowling Team: Saturdays 9-11 AM, AMF Boynton. Contact AMF at 561-734-1500 to join.

Hab-Art

Beginning in January, artists from ASAP and C Building joined PACE clients for the first time to participate in combined classes in the Art Room. We are enjoying making new friendships and growing as artists with more supplies and space.

Our builders and tinker-ers also joined a new 3D art class, while artists who love to paint and draw have shifted into dedicated classes where they can hone their craft. Amazing work is already coming out of these independent, studio-style classes, and we can't wait to see what our artists create in the future!



VITA (Volunteer Income Tax Assistance) is here!

Tues, Wed & Thurs evenings 5-8

AND

Sat 8-12

Now through April 15th



HABLIFE

Serenity Now for Rosa!

After 46 years of service at the Hab Center, Rosa Farber is retiring this month. Susie K, a long-time friend, spoke to Hab Center staff about Rosa's contributions over the years...

SK: What do you think about Rosa's work at the Center?

Dayna: I think Rosa did an awesome job, we couldn't have lived without her.

Lynn E.: She has been a wonderful family member here at the Center. She has been a good friend for many years, and she remembers every person that has come through those doors.

Gabriela: I think that she was a paramount part of the development and growth of the Hab Center.

Laura L.: She is an extraordinary woman. She is very kind. She cares a lot about the clients

and their wellbeing—that is her first priority. Do you feel that way, Susie?

SK: Yes, I do. I've known her for a long time. I'm going to miss her.

Laura L.: She will definitely visit. But everyone deserves some time to relax and retire, and she deserves that. Will you retire one day?

SK: No, I'm never going to retire!

Rosa, we wish you Serenity, Now and always! We are so grateful for your friendship and service.



TJ cafe's staff would like to thank each and every one of you for your continued support in our training program. The mission of the cafe is "Preparing People for Careers in the Food Industry". We also strive to provide well balanced, healthy meals for our clients and staff. T J's has been working diligently on implementing new lunch choices we call "FEATURES". The new menu items include; ala carte items, fresh fruit, homemade cookies, grab and go salads and sandwiches. TJ's staff is excited to offer even more nutritious meals and snacks daily in the year to come. The café has been offering breakfast and lunch items for over 20 years and during that time there has only been one increase to the of cost of a meal. Due to the ongoing cost of food and supplies we will be increasing menu items slightly. The Features will now be \$5.00 effective February 4, 2019. Features will continue to include, a side, drink and dessert. TJ's staff welcome any food suggestions you have or to improve our menu. Thank you for your continued support to our training program.